

EST information release

The European EST has enabled numerous exchanges between associations of European senior experts

A European project initiated by Oteci

Six associations from different European countries worked together from June 2022 to the end of 2023 as part of a European ERASMUS + project: this is the EST (“European Senior Together”) project initiated by Oteci. The objective was to encourage the creation of associations such as ours Oteci in Eastern European countries and more generally to exchange between associations on development methods and ideas. The emphasis was placed on actions aimed at encouraging and developing the action of retired senior professionals through voluntary associations in favor of the younger generation.

Associations participating

Stowarzyszenie Centrum Wolontariatu (Poland) SCW

Önkintes Kozpont Alapatitvany (Hungary) ÖKA

Senior Experten Service (Germany) SES

Vsp odv (Turin) VSP

Seniores Italia Lazio odv (Rome) SENIORES

The progress of the project

The six associations met 4 times in different cities corresponding to the headquarters or delegations of four of them

Turin 7.8 June 9, 2022

Bonn December 13, 14 and 15, 2022

Lyon May 22, 23, 24, 2023

Budapest November 7, 8 and 9, 2023

Project results

The associations most advanced in mentoring actions for young people were the German association SES, which has been mentoring apprentices for years, and Oteci, which developed an analogous program (“ORA”).

During 2023, the 4 other associations launched with determination into pilot mentoring actions drawing on German and French experiences. They have achieved significant success and will continue and expand their mentoring actions in 2024 by increasing contacts with new partners.

Oteci developments were particularly appreciated by the participating associations. The Eimage-me application, widely used in AURA, will be developed in Germany and Turin. SES will also draw inspiration from the ORA WEB site for its future development. Finally everyone discovered Oteci's training to make pitches for young people which was new for them.

Four toolboxes available

All of the discussions and presentations made it possible to summarize "4 toolboxes" (in English) available to all:

- The creation and development of associations of senior experts
- Mentoring actions from senior experts
- Actions in schools and universities by senior experts
- Actions to help small businesses from senior experts

New friendships and exchanges that will continue

Beyond the technical exchanges, all participants were pleasantly surprised by the convergence of their concerns. They promised to stay in touch and continue to collaborate in the future.